



Getting Started with your Wellness Program

1 Go to www.harvardpilgrim.org/wellnessaccount.

Are you a Harvard Pilgrim member through this employer group?

YES If you already have a Harvard Pilgrim online account, enter your username and password and **Log in**.
If not, **Create Member Account**.

NO If you are not a Harvard Pilgrim member through this employer, **Create Guest Account** using the program code listed here.
It may take up to 24 hours for your guest account to be activated.

2 Once you log in to your Harvard Pilgrim online account, complete the welcome page with the following information:

- a. Language preference
- b. Sign-in name
- c. Email address

3 For information about your Wellness program, click on **Learn More**.

4 Get started by exploring the site and selecting an activity!

Need assistance?

Email HPWellness@harvardpilgrim.org or call (877) 594-7183, Monday-Friday, 9am-5pm EST